

Reusable nappies: washing advice



- Soiled nappies should be stored inside the nappy bucket, without water. Wraps do not require soaking and this can damage them. To dry pail your nappies simply place them in the bucket. You can add a few drops of tea tree oil to a cotton bud and tape to the inside of the bucket to reduce odours. When you are ready to wash your nappies take them out of the bucket and place them in the washing machine.
- Nappies should be pre-washed and then placed in your washing machine at 60°. It is recommended that you use non- bio washing powder and you only need about half of the amount you would use to wash your clothes. DO NOT use fabric conditioner as this reduces the absorbency of the fabric.
- When washing nappies with fabric fastenings please ensure that the Velcro strips are shut or that the nappies are washed inside out. This prolongs the life of the Velcro.
- It is best to line dry your nappies where possible as nappy life is prolonged and it is better for the environment. The sunlight can also help to remove any stains on the nappies by lightly bleaching them. Real nappies can be dried on radiators or on a clothes horse but do not put wraps directly onto a radiator to dry.
- You can tumble dry your nappies if necessary but this does reduce the life of them. However, giving them a quick blast in the tumble drier for 10 minutes will help to keep them soft, even in a hard water area.
- Use the liners provided to catch any solid waste. This will also prolong the life of the nappies and prevent any heavy staining.
- Do not iron